

# COMMUNITY SCHOOL

*The art of living together as a transformative path  
for personal and collective evolution.*



DAMANHUR



Damanhur has forty years of experience in Community Life and different ways of applying this social model. The Community School is a three-year training program born from the experience of Damanhurian and other affiliated communities, to convey the principles, inspirational models and to help to get to know and choose community life as an individual and collective evolutionary path.

Living together is an art, according to the teachings of Falco Tarassaco, founder of Damanhur. Living together is considered to be a lost Archetype, subtracted from human beings, to disempower them and slow them down on their path of evolution. But we carry a shadow, a mold, of this lost Archetype, and we can recover it, transforming the experience of living together into a true Work of Art.

In the forty years since the beginning of Damanhur, the increase in the number of people has implied experimenting different models of community life, depending on the type of “skin” that had to be changed. This practical experience allows us to be able to share our knowledge of these tested models through the Community School, made up of theoretical and also practical parts, of which the most important is living together. Many aspects are involved in transforming community life into an evolutionary and artistic path, such as relational dynamics and communication. These topics are deeply discussed on this educational path and provide important keys not only to deal with conflicts, but especially to create a model for a high quality of life together.

## **GOAL**

We are now in a time of epochal change; the age of individualism is over. The new emerging reality is the human group. Both in the workplace and in our private lives, the different realities going towards

success in a joyful way are groups: examples of this are Google, Apple...., which no longer depend on a leader, but live a path of realization together. This epochal change will empower women again and will guide the transition from a pyramidal structure to a circular one. Even scientific research which before was done through separation now is done through integration (e.g. genome research); it is about collective memory, about creating a morphogenetic field. As many scholars say, one of which Bruce Lipton, what before was individuality, today is networking. Everywhere, on all levels, everyone’s essential need is to connect. Any stimulus, fashion or need becomes an opportunity to come together. In order to do it in a meaningful way, to ride this new paradigm of sociality and spirituality, we must be “educated”, considering that the latin root of the word “educate” is “e-ducere”, which means to take out, not only to put in. The previous culture based on information today transforms into the culture of feeling. In Damanhur, this means to teach with love, and in order to understand it, it has to be lived.

## **METHOD AND STRUCTURE**

The Community School takes place during three years, structured in 8 thematic weekends on a monthly basis, or in the intensive formula of 16 days once a year, especially suitable for those who come from afar.

The personal growth of the individuals and the group, as well as the issues raised by the groups that participate to increase their community experience, is facilitated and followed by tutors, who are reference points supporting the participants.

The two formulas include practical experiences of living together, both with the instructors and only among students, in order to understand and practice the addressed theoretical concepts in everyday life.

## PROGRAM

### THE FIRST YEAR

- The first year provides tools to work on oneself and on the relationship with others. It teaches positive and constructive communication methods, which are valid and effective to construct any community model, from the co-living family to the business, to the birth of true communities of a different nature.
  - The actual Community part follows, with valid models experienced and lived in Damanhur,
- which take into account all aspects of social life: education, health, economy, personal and collective growth, organization, etc.
- As a basis, there is an important training in Spiritual Physics, which explain human nature, its various facets and relational aspects related to age.
  - The whole program is interwoven with different playful dynamics which challenge personal limitations, and through the Damanhurian game of Risk, a real training field for abilities and diplomatic skills all to be discovered.

**For more information and a calendar of events:**

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